



Interpretation Programs



September 2026

Visitor Centre *Interpretive Exhibits*

Open Saturdays and Sundays 10 a.m. – 4 p.m.

Come face to face with the park's wildlife through fascinating animal mounts and interpretive exhibits. Say hello to a Park Interpreter and uncover the stories, landscapes, and surprises that make this park so special. *Be sure to stop in at the Friends of Spruce Woods gift shop!*

Dark Skies for Wild and Eye *Amphitheatre Presentation*

Friday, September 4 8 p.m. – 9 p.m.

Location: Visitor Centre

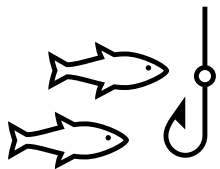
Join us to celebrate the anniversary of the Spruce Woods Provincial Park Dark-sky Preserve designation! Discover how light pollution affects people and wild places, and the power of preserving the night sky. Learn tips for fall stargazing, followed by a guided twilight stargazing experience.

Journey to the Spirit Sands *Guided Hike*

Saturday, September 5 11 a.m. – 1 p.m.

Location: Spirit Sands Trailhead

Enjoy a 4 km hike to the iconic sand dunes while exploring the diverse ecosystems, flora, and fauna that make this landscape unique. Expect climbs on stairs and walking on loose sand to scenic viewpoints. *Wear sturdy footwear and bring drinking water.*



Fishy Friends *Campfire Talk*

Saturday, September 12 7 p.m. – 8 p.m.

Location: Visitor Centre

Who is that fish in the water? Gather around our campfire to discover the fish that swim in our nearby lakes and waterways in this fun family program.

Tremendous Trees of the Arboretum *Family Program*

Saturday, September 19 2 p.m. – 3 p.m.

Location: Arboretum (accessed from the Kiche Manitou day use area parking lot)

Get ready to kick off National Forest Week with a grand tour of the trees and shrubs of Manitoba featured in our arboretum. Participants will each go home with their own tree seedling!



Quest for the Punch Bowl *Guided Hike*

Sunday, September 20 10 a.m. – 1 p.m.

Location: Spirit Sands Trailhead

Join our 8 km hike to the punch bowl, a unique pool of blue-green water nestled in the Spirit Sands. On this hike we'll discover the diverse ecosystems and the intricate history of the of this special landscape. *Wear sturdy footwear, bring drinking water and a snack.*

Programs are free for everyone to attend! An adult must accompany children under 12.
Please let us know if you require accessibility accommodations. Programs presented in English.
For more information, please call 204-827-8850 or email parkinterpretation@gov.mb.ca.

Publication available in alternate formats upon request. Aussi disponible en français.



@MBGovParks
manitobaparks.com

