

Summer Hiking Trails

Short Hikes (1-2km)

Trail	Location	Distance	Time*
<i>Spring Ridge</i>	Steels Ferry Overlook	1.2km	25-40 min
<i>Isputinaw</i>	Isputinaw Trails	1.4km	30-45 min
<i>Parson's Hill</i>	Parson's Hill Trails	1.4km	30-45 min
<i>Marsh's Lake</i>	Marsh's Lake Trails	1.5km	30-45 min
<i>Quiet Voices</i>	Epinette Creek Trails	1.6km	35-50 min
<i>Ojibwa</i>	Yellowquill Trails	1.8km	40 min - 1 hour

Intermediate Hikes (3-5km)

Trail	Location	Distance	Time*
<i>Spirit Sands</i>	Spirit Sands Trails	3.1km	1 hour - 1 ½ hours
<i>Spruce</i>	Epinette Creek Trails	3.5km	1 hour - 1 ½ hours
<i>Chaska</i>	Seton Trails	3.6km	1 hour - 1 ½ hours
<i>Sandhill Stag</i>	Seton Trails	4.2km	1 ½ hours - 2 hours
<i>Cree</i>	Yellowquill Trails	5.1km	2 hours - 2 ½ hours
<i>Spirit Sands + Oasis Trail</i>	Spirit Sands Trails	5.5km	2 hours - 2 ½ hours

Long Hikes (5-10km)

Trail	Location	Distance	Time*
<i>Spruce + Juniper</i>	Epinette Creek Trails	5.7km	2 ½ hours - 3 hours
<i>Sleeping Wolf</i>	Seton Trails	5.8km	2 ½ hours - 3 hours
<i>Assiniboine</i>	Yellowquill Trails	5.8km	2 ½ hours - 3 hours
<i>Chaska + Snowy Owl</i>	Seton Trails	6.5km	2 ½ hours - 3 hours
<i>Punchbowl</i>	Spirit Sands Trails	6.8km	2 ½ hours - 3 hours
<i>Spirit Sands + Punchbowl</i>	Spirit Sands Trails	8.6km	3-4 hours
<i>Spirit Sands + Oasis + Punchbowl</i>	Spirit Sands Trails	10.2km	3 ½ -4 ½ hours

VERY Long Hikes (10km+)

Trail	Location	Distance	Time*
<i>Spruce + Juniper + Tamarack</i>	Epinette Creek Trails	16.2km	7-8 hours
<i>Trans Canada Trail</i>	Passes through SWPP	32.22km	14-16 hours
<i>Newfoundland Trail</i>	Epinette Creek Trails	41.7km	20-22 hours

*Time calculated using a walking pace of 21-32 minutes per kilometre